

# Spring Newsletter 2022



The Practice now has a new website:

[www.thornburymc.co.uk](http://www.thornburymc.co.uk)

Please visit this site for all information about the  
Practice

Telephone number 01274 662441

## Patient Forum

Facebook link: [www.facebook.com/mc.thornbury92](https://www.facebook.com/mc.thornbury92)

Or alternatively search: Thornbury MC

Follow us on Twitter : @ThornburyMedCtr

# **National Data Opt Out- Your Data Matters to the NHS**

**“How the NHS and care services use your information”**

Whenever you use a health or care service, such as attending Accident & Emergency or using Community Care services, important information about you is collected in a patient record for that service. Collecting this information helps to ensure you get the best possible care and treatment.

The information collected about you when you use these services can also be used and provided to other organisations for purposes beyond your

individual care, for instance to help with:

- Improving the quality and standards of care provided
- Research into the development of new treatments
- Preventing illness and diseases
- Monitoring safety
- Planning services

This may only take place when there is a clear legal basis to use this information. All these uses help to provide better health and care for you, your family and future generations. Confidential patient information about your health and care is only used like this where allowed by law.

Most of the time, anonymised data is used for research and planning so that you cannot be identified in which case your confidential patient information isn't needed.

You have a choice about whether you want your confidential patient information to be used in this way. If you are happy with this use of information you do not need to do anything. If you do choose to opt out your confidential patient information will still be used to support your individual care.

To find out more or to register your choice to opt out, please visit [www.nhs.uk/your-nhs-data-matters](http://www.nhs.uk/your-nhs-data-matters).

On this web page you will:

- See what is meant by confidential patient information
- Find examples of when confidential patient information is used for individual care and examples of when it is used for purposes beyond individual care
- Find out more about the benefits of sharing data
- Understand more about who uses the data
- Find out how your data is protected
- Be able to access the system to view, set or change your opt-out setting
- Find the contact telephone number if you want to know any more or to set/change your opt-out by phone

- See the situations where the opt-out will not apply

- National Data opt out has been extended until 31<sup>st</sup> July 2022

You can also find out more about how patient information is used at:

<https://www.hra.nhs.uk/information-about-patients/> (which covers health and care research); and

<https://understandingpatientdata.org.uk/what-you-need-know> (which covers how and why patient information is used, the safeguards and how decisions are made)

You can change your mind about your choice at any time.

## **New Patients and How to Register**

Our list is open to new patients – When registering we will require photographic i.e. passport or driving licence and an up to date utility bill confirming your place of residence, as evidence. You will also need to complete a GMS1 form and a “New Patient Questionnaire.”

Patients are able to now pre-register online via the surgery website all details available at [www.thornburymc.co.uk](http://www.thornburymc.co.uk)

## **Extended Hours at Thornbury Medical Centre**

Available from 4<sup>th</sup> November and every  
Thursday 7am-8am

Pre-Bookable Routine Appointments  
only available with GP’s and HCA’s



# **NHS App**

The new, simple and secure way to access a range of NHS services on your smartphone or tablet.

Use the NHS App to:

- check your symptoms
- find out what to do when you need help urgently
- book and manage appointments at your GP surgery
- order repeat prescriptions
- view your GP medical record securely
- register to be an organ donor
- choose how the NHS uses your data

**The NHS App is free to download from the App Store and Google Play.**



# **Information for Carers**

**If you look after someone or someone looks after you- this is for you.**

Please let the practice know if you are a carer or if someone cares for you, so this information can be added to your medical record.

Thornbury Medical Centre offers free annual Health Checks and free Flu Vaccinations to all carers.

**Carers- please speak to the receptionists for further information about the support available.**

Further information and support is available from Carers Resource. They provide support for carers, no matter what their age, race, religion or needs.

For further information please contact Carers Resource on 01274 449660.

Address: 15 Park View court, St Pauls Road, Shipley BD18 3DZ

## **Advocacy Useful Telephone**

### **Contacts**

- **VITAL** – 01274 770118

Mental health and other support

- **Voiceability** – 01274 888017

Advocacy for mental health learning disability, dementia, acquired brain injury or other disability

- **Age UK** – 01274 391190

Wellbeing and engagement, general information, advice and help.

- **Independent Age** (national)

0800 3196789

Information, advice, befriending

- **HALE** (Health and Local Engagement) Community Connectors 01274 271088

- Citizen Advice – Bradford & Airedale 03422 451282

- **DWP**

**Pension service - 0800 7317898**

**Pension credit – 0800 991234**

**Attendance allowance – 0800 7310122**

**Personal independence payment -  
08009172222**

**Universal credit – 0800 3255644**

- **Alzheimer’s society -Bradford**  
01274586008

- **Stroke Association –Bradford**  
01274 617564

- **Parkinson’s UK** - 0808 8000303

- **Carer’s Resource** – 01274 588990

Advice and sitting service

- **Carers UK** – 0808 808 7777

- **Mind Bradford General**  
**Enquires** - 01274 594173

- **First Response** – 01274 221181

Urgent mental health support

- **BACES** (Bradford & Airedale  
Community Equipment) - 01274  
435260

- **Adults Social Services** - 01274  
435400
- **Emergency Duty Team** – 01274  
431010

# Information for Parents

## **HEALTH VISITING TEAM**

Telephone: 01274 221223

**Health Visitor:**  
Tracey Terblanche

**Community Nursery Nurses:**  
Karen Kaur  
Emma Blakely

## **IMMUNISATIONS**

Baby immunisations,  
MMR and Preschool  
immunisations can be  
booked at Reception.

## **CHILDREN'S CENTRES**

Tyersal	01274 668881
Fagley	01274 770434
Barkerend	01274 437300

Mortimer House	01274 262740
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## **USEFUL NUMBERS**

NHS DIRECT	111
National Childminding Association	01274 831399
BRI Accident and Emergency	01274 542200
Bradford Under 5's Association	01274 308725
Bradford Twin Club	01274 308725
Children's Information Network	01274 437503
Fire Safety	01274 385432